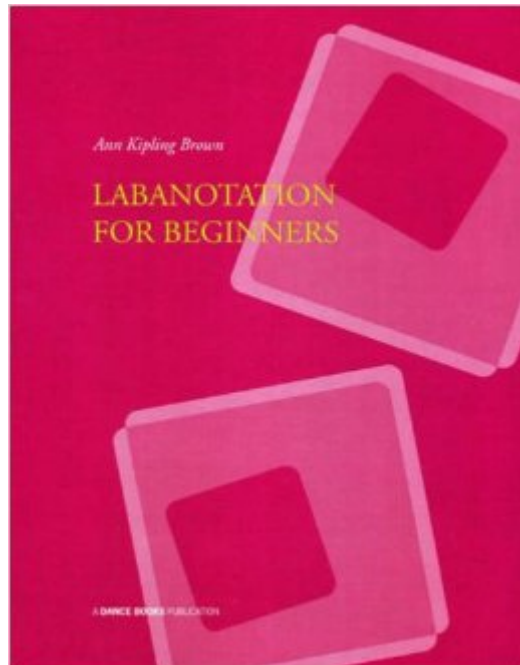


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# Labanotation For Beginners



## Synopsis

Labanotation is one of the most widely used systems of dance notation in the world today, and this elementary textbook provides practical instructions for the study of its basic principles. Students using it will examine the elements of movement and notation, and practice dances they have created themselves, as well as learn about dances created by established choreographers. The principles of the system are presented in a sequence of clear, graded lessons, illustrated with numerous examples and supplemented with practical exercises in reading and writing, with each section of the text presenting logical progressions of exploring and recording movement.

## Book Information

Paperback: 84 pages

Publisher: Princeton Book Co Pub (July 1, 2008)

Language: English

ISBN-10: 1852731230

ISBN-13: 978-1852731236

Product Dimensions: 7.4 x 0.2 x 9.7 inches

Shipping Weight: 5.6 ounces (View shipping rates and policies)

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## Customer Reviews

I used it in a course I gave in the Escuela Superior de Danza FolklÃrica "C'Acatl" at Puebla, Puebla, Mexico with good results.

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